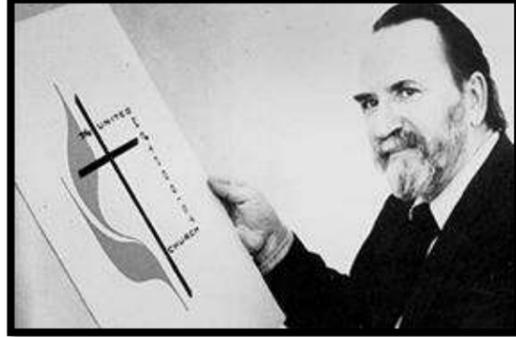


Ask the UMC: Has The United Methodist Church always had an official symbol like the cross and flame?

The official insignia of The United Methodist Church has been the Cross and Flame since its founding in 1968. Prior to that, the Evangelical United Brethren Church, one of our predecessors, adopted an insignia with the church name encircling clasped hands in front of a Latin cross. The symbols and seals for other predecessor denominations were generally varied in form and use.

In 1966, a commission on church union, representing The Methodist Church and The Evangelical United Brethren, was authorized to develop an official insignia. Edward J. Mikula (art director) and Edwin H. Maynard (editorial director) were appointed to develop the design.



Artist Edward J. Mikula poses with the Cross and Flame emblem he had designed in 1968. This photo is from the book *Keeping Up With The Revolution* by Edwin Maynard. Archived Photo, United Methodist Communications.

Early on they established principles for the design: that it should be simple, bold, instantly recognizable, obviously Christian and uniquely Wesleyan. They determined that it should have official colors, but also be capable of reproduction in black and white.

One of their designs, the one officially adopted, was the Cross and Flame. Following more than two dozen conceptualizations, a traditional symbol of the cross was linked with a single flame with dual tongues of fire. The resulting insignia is rich in meaning. It relates The United Methodist Church to God through Christ (cross) and the Holy Spirit (flame). The flame is a reminder of Pentecost when witnesses were unified by the power of the Holy Spirit and saw *“tongues, as of fire” (Acts 2:3)*.

The elements of the emblem also recall a transforming moment in the life of Methodism’s founder, John Wesley, when he sensed God’s presence and felt his heart *“strangely warmed.”* The two tongues can also represent the two bodies that united in 1968 to form The United Methodist Church.

The 1968 Uniting Conference adopted this design as the official insignia of the new denomination, and so it has been to this day.

Excerpted from “The Cross and Flame: A Personal Memoir” by Edwin H. Maynard

Have questions? [As the UMC @ umc.org](http://umc.org) or call 800-841-1235

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FEEDING MIND, BODY, SOUL

Volume VI - Issue XI

November 2018



“John Wesley and
Grace”

Rev. David Madden

Grace was a hallmark of the early Methodist movement, and one of the distinguishing features of Wesley’s teaching about grace is that it can be divided into three distinct parts; prevenient grace, justifying grace, and sanctifying grace.

I heard an example once that I think makes Wesley’s teachings on grace easy to understand. If you think of grace like a house, prevenient grace is the porch on the outside. Here’s the thing about prevenient grace. Everybody is already on the front porch. God’s prevenient grace is available for all people no matter what; this is God’s grace at work in our lives before we are even aware of whom God is. To continue the house analogy, justifying grace is like the door that leads from the porch to the inside of the house. Though all people can walk up onto a front porch, not all people will enter the house. So justifying grace is the grace that changes us when we make a decision to commit our lives to God through Christ Jesus. We make a conscious decision to walk through the front door. Some people like to call this the “born again” experience. Finally, there is sanctifying grace, which is the grace constantly at work in our lives, helping us to grow in our relationship with God. Sanctifying grace is like the stairway leading up to a closer relationship with God in Christ Jesus.

So, to review, prevenient grace is the grace that goes before us, and is available to all people. Justifying grace is the grace that moves us from our old selves into a new

covenant life with God, and sanctifying grace is the grace by which we grow in our Christ-likeness. However, it’s important to note here that Wesley taught that we can “backslide.” We could be justified and on our way toward sanctification when we sin and continually do things that move us farther away from God. We are in effect moving ourselves away from God. This is backsliding. Or, some people may even renounce their faith and find themselves standing once again on the front porch; no longer in a covenant relationship with God.

So, if we make the decision to never enter that door, or we backslide to such a degree that we find ourselves back on the front porch, what we are missing out on is the abundant life possible through a covenant relationship with God.



Beginning Wednesday, November 7th @ 6:30 pm,

you are invited to join
Pastor David in taking an
objective view, from a
Wesleyan understanding,
of the major stories in the Bible.
No lecture, no right or wrong answers,
No reading homework – just an open
discussion among friends.
No commitment – a class you can just
drop into, or make every week.
Bring your friend(s).
Pastor David will be here each week.

TRUSTEE'S REPORT

The Trustees met on October 7, 2018

- New LED light tubes are being installed in the existing fluorescent fixtures as the tubes need to be replaced
- Pastor David and Tim have bids that they are satisfied with for the patio repair at the parsonage. Cost will be covered by a grant approved by the Foundation. There should be enough to cover that repair and the repair/replacement of the gate as well with what is in the maintenance budget.
- Curbing and sidewalk repair are still on the list of projects to be done this fall.
- Sanctuary East Wall Team will meet Sunday, Oct. 28th after church.
- We have bids for a Sprinkler system to be installed at the church. .cost is in the range of \$7,500 for the system, sand point and pump. . work to be done next spring with a grant, which has been approved, by the Foundation.
- The Trustees have decided to remove and replace the arborvitae in the front lawn because they are starting to die and seem to be harboring a vast quantity of undesirable insects. Jim Rodgers is doing research on replacement possibilities.



Jack & Mary Zarybnisky do an outstanding job doing what they can for at risk children and adults. They have placed a box in our foyer that we may participate in collecting

underwear for orphaned children, abused adults and abused children. It is not a big box. Let's fill it. Jack & Mary will distribute where needed.



PLEASE JOIN IN THE FESTIVITIES
SATURDAY, DECEMBER 1 - 4 TO 7 P.M.

CRAFTS - SINGING - GAMES -
DECORATING THE FELLOWSHIP HALL
HANGING OF THE GREENS
CHILI AND ALL THE FIXINS'

NANETTE & JENNIFER ARE PLANNING A
FUN EVENING - EVEN IF YOU ARE UNABLE
TO HELP DECORATE - COME FOR THE FUN



We plan to fill 100 Christmas Food Boxes on Dec. 14, and distribute them on Sat., Dec. 15. They will be distributed on a first come first served basis. Most of the items we will be filling the boxes with, have either already been donated, or we have been able to get through the Idaho Food Bank Shopping List. Here is a short list of items we have yet to get.

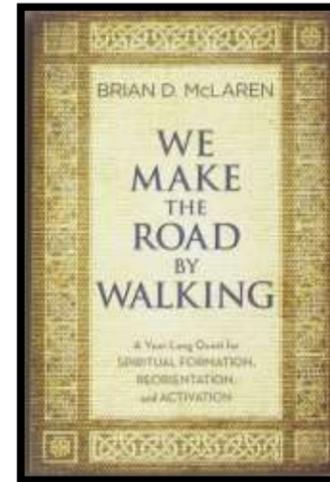
- Box Dressing Mix, Canned Olives, Canned Sweet Potatoes, Canned Cranberries

Anything you can do to help would be much appreciated.



The amazing Clara & her son-in-law, Mike.

Our long time member and friend, Clara Shelton celebrated her 99th birthday on October 21st. No, there are not 99 candles on the cake, but she blew out all that were there.



An invitation to members of the Oregon-Idaho Annual Conference, from Bishop Elaine Stanovsky, to join in a year-long study:

Jesus said that he came so people "could live life to the fullest." - John 10:10 (CEB)

Come with me on a year of *Crossing Over to LIFE*, beginning with Advent, December 2, 2018

In *We Make the Road by Walking*, Brian McLaren introduces us afresh to the principles of Christian faith and bible teachings. Each week, in 3-4 pages, he invites us to revisit biblical principles and our lives of faith. We'll create a blog to go alongside the study, with reflections and prayers by leaders of our Conferences, and a place for comments and conversation.

The CrossOver Year begins December 2, 2018 and ends November 24, 2019.



FOR
BRYAN BRUNS, JOHN PAULSON
CLIFF HIEB & NICK HALLETT

Medicare Insurance Benefits Guidance Provided by Oregon-Idaho United Methodist *Abundant Health Ministries*

If you know someone on Medicare, then please introduce them to SHIBA: Senior Health Insurance Benefits Assistance available in Idaho and Oregon.

Medicare participants need to complete their annual Medicare Advantage and Part D check-up during the Open Enrollment Period, **October 15 through December 7.**

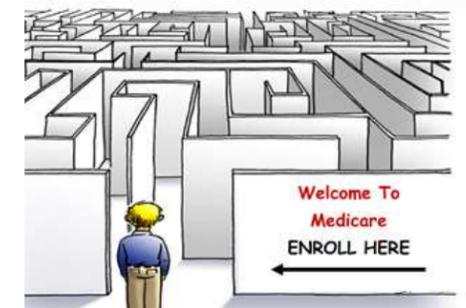
Overwhelmed by Medicare Advantage advertisements? Trained SHIBA Volunteers can help you pick a plan that meets your health needs, without the sales hype.

Among other services, SHIBA volunteers can help Medicare beneficiaries navigate the maze of options, costs, and benefits including:

- Find out if you're eligible for benefits you are not receiving
- Compare medical and prescription insurance policies
- File claims
- Make appeals and complaints when necessary

Here's how to find a SHIBA program near you.

- In IDAHO call 1-800-247-4422
- In OREGON call 1-800-722-4134



THANKSGIVING DINNER

November 21, 2018

6:00 to 9:00 p.m.
(or until we run out of food)

Golden Heritage Senior Center
2421 Overland Ave.
Burley, ID 83318
208-878-8646

Free Will Giving
Give what you can